

Following the way of Jesus

Reading: Luke 9:23-26a

Jesus continued to say to all of them, "Any of you who want to be my follower must stop thinking about yourself and what you want. You must be willing to carry the cross that is given to you every day for following me. Any of you who try to save the life you have will lose it. But you who give up your life for me will save it. It is worth nothing for you to have the whole world if you yourself are destroyed or lost. Don't be ashamed of me or my teaching."

Thought about the reading

Jesus calls us to follow him, but it is not always easy. In the reading from Luke chapter 9, Jesus tells his special friends that if they want to follow him, they must walk the same way that he did. They must be willing to suffer and go through difficult things like Jesus did.

We, too, might find it hard to follow Jesus sometimes. Other people might make fun of us when they know we are Christians. We might find it hard to

get to church. When things are difficult for us, we may find it hard to keep believing and trusting. We may find it hard to pray.

Jesus knows what it is like to go through difficult times. He was arrested, beaten and nailed on a cross. But God raised him to life so that we can know he has overcome all the difficulties. He will help us when things are hard. He will help us to follow him in the way of the cross.

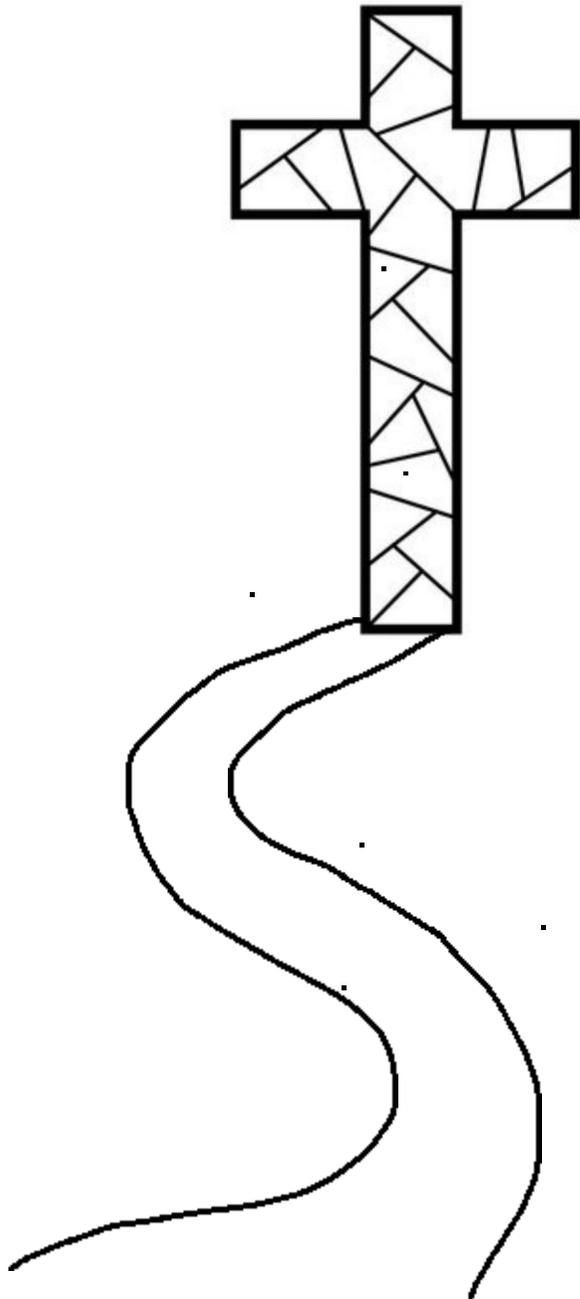
Prayer

Lord Jesus, I want to follow you, but sometimes it is hard.

Please help me when I face difficulties. Help me to remember that you have also been through difficult times and so you know what it is like.

Help me to remember that you have promised to be with me always.

Amen



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Bible Study notes

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2. Following the way of Jesus

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